

A Sample Trip Plan for Joaquín Rocks



April 2001

*Revised from the 1999 Plan
and edited many times since
March 17, 2000 version*

In fact this is not even a real plan since it actually contains cut-n-pasted pieces from five totally different and unrelated trips. However, it does provide an excellent detailed model for others to use when drafting their own plan. This is just one idea to help you get started. Don't let its complexity overwhelm you. Remember you can always delete unneeded sections and you can always add something that is special to your group, activity or trip.

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About this Plan

This plan discusses our anticipated outing to Joaquín Rocks in the spring of 2001. There are several things that must work in our favor to make this venture successful. The first has been getting a group of family and friends to agree on the place and the date, now we must hope that weather and road conditions allow us to venture into this rugged area. I've written this plan to help coordinate our individual duties and expectations. Of course, the purpose of our trip is to simply have fun and relax. However, spending three days in this remote space is complicated by several issues that we endeavor to discuss here.

This plan took on an *air of formality* from its original version last year when several people (friends-of-friends) wanted to join us. Thanks go to all of you for your input – this should be a great adventure.

Liability

Each participant in this venture understands that they are participating in a dangerous sport. Each person also understands that they personally and individually accept full responsibility and liability for any injuries or death that might occur to themselves during this trip.

Further each participant understands and agrees that although this plan was typed by one person, it is actually authored and agreed to by all of the trip participants.

Further each participant understands that this plan is not an “all inclusive” discussion of the issues associated with this trip – but is instead a simple guideline to help us organize and prepare.

Joaquín Rocks

Joaquín Rocks is a rugged area of hard sandstone outcropping located in the hills about twenty miles northwest of Coalinga. This area is dominated by three large rock outcroppings (actually several) now called *Joaquín Rocks* (historically they were known as *Las Tres Piedras*) that overlook the San Joaquín Valley to the northeast. On the southeast edge of the rocks is a small flat area, known as *Joaquín Flat*. Joaquín Flat is located at the base of the 200-foot rock cliffs formed by Joaquín Rocks. These rocks, composed of Vaqueros Sandstone, were formed beneath the ocean 35 million to 40 million years ago. We also find the remnant of an ancient streambed along the northeast edge of the rocks.

Many people believe that this was Joaquín Murrieta’s hide out and that his camp is located at the base of these cliffs. We will stay in Joaquín’s old camp which is a comfortably level area carpeted with California wild grasses and surrounded by Ghost Pine (*pinus sabiniana*), California Juniper (*juniperus californica*) and Scrub Oak (*quercus berberidifolia*). While the camp is a pleasant place, most of our daily activities will be among rugged rocks, Chamise (*adenostoma fasciculatum*), Mexican Manzanita (*arctostaphylos pungens*) and poison oak (*toxicodendron diversilobum*).

Trip Date

Our plan is to enter Joaquín Rocks April 2nd and exit the area on April 4th. The entire first day is allocated for getting into the area. The last day is allocated to cleanup and getting out.

Participants

Name	Comments, Interest and Stuff to Fill This Space
1	
2	
3	
4	
5	
6	
7	
8	
9	

Location of Joaquín Rocks

Joaquín Rock is located near the southwest corner of Fresno County in the BLM’s Clear Creek Management Area. See Getting to Joaquín Rocks on page 12 for direction on how to get to there.

Access to Joaquín Rocks

Visitors get to Joaquín Rocks by driving to the Wright Mountain trailhead and then hiking the last 6 miles. The hike from Wright Mountain to Joaquín Rocks is about 5½ miles on a good dirt road with three major elevation changes (up and down). The last ½ mile is along a narrow hiking path up a slight incline.

Vehicle Access

Although a dirt road passes within a ½ mile of Joaquín Rocks, the Bureau of Land Management does not permit vehicle access into Joaquín Rocks; two locked gates obstruct passage. The BLM policy requires visitors to hike from the Wright Mountain trailhead to Joaquín Rocks. While this policy makes visiting Joaquín Rocks difficult, it also keeps the area reasonably pristine – one of the primary reasons why it is such an enjoyable and mysterious place.

Staging and Pre-trip Meeting

Final preparation for the trip occurs on April 1st at the Oak Flat Campground located about 1.7 miles from Clear Creek entrance. Arrive whenever you wish the day or evening before. The purpose of this staging is to consolidate our load, discuss last minute issues and to figure out carpooling arrangements.

Weather and Road Conditions

The weather during our trip will be perfect; nothing but clear skies and beautiful days with no rain and a full moon ... You may be wondering: How can he predict the weather so accurately? Well, it is really quiet easy – you see, it's because bad weather could easily make the roads impassible making it impossible for us to get there, or even worse making it impossible for us to get out. So, if there is a heavy storm during the preceding week we will probably cancel or postpone this trip. We will also cancel if a serious storm is predicted to arrive during our venture.

Generally the area dries out quickly but it is also important to realize that an unusually wet winter could easily make the roads impassible. Therefore, one of us should scout the road to Wright Mountain sometime during the week prior to our schedule. This will assure that the road to Wright Mountain is passable.

Environmental Concerns

Joaquín Rocks is an environmentally sensitive area and should be treated accordingly. However, other than the seasonal ponds, the BLM doesn't believe there are any endangered or threatened plants that we need to avoid while in the area.

Activities

Assuming that you are an ethical law-abiding citizen – then, you are free to do practically anything your heart desires.

Rock Climbing and Rappelling

Richard surveyed the rocks during the 1999 trip and decided that the rocks are not stable enough to safely climb or rappel without additional technical implements that would permanently deface the rocks and leave behind climbing litter. Therefore, we have ruled out climbing and rappelling during this trip.

Firearms and Shooting

The area of Joaquín Rocks is still somewhat pristine, especially when compared to the surrounding easy-access areas. For this reason we ask participants to refrain from using firearms unnecessarily in the area. You should also be aware of the various restrictions and regulations enforced by the BLM. Also be aware that we may be sharing this space with other visitors who hope to enjoy the peace and serenity of Joaquín Rocks – Let's not ruin their enjoyment.

Metal Detecting

There is a lot of exciting history here as well as many stories about lost gold and hidden treasures. Certainly considering the fact that the area was probably frequented by Joaquín Murrieta (*El Famoso*) and his gang in the 1850s and then later by *Mariana la Loca* and her 400 followers in the 1880s and then later yet, by tourist in the 1920-30s lead by Adolph Dómengine – certainly there are probably many trinkets to discover.

Federal law protects all ancient and historical artifacts. Anything older than 50 years should be left in place and the BLM would appreciate advising them about such finds. Ancient artifacts must not be disturbed, moved or damaged. Please photograph and make a record (with GPS information) of anything of interest we might find so that we can share it with the BLM.

Exploring

Joaquín Rocks is a wonderful area to simply explore. The brush, trees, rocks, pools, outcroppings and boulders create all kinds of interesting venues and niches for wildlife and your imagination.

Certainly nature will reward you greatly as you quietly explore the trees, rock and mystical space of Joaquín Rocks.

Relaxing

Joaquín Flat is a pleasant grass covered meadow that in April should begin to bloom in California wild flowers presenting a panoply of natural colors and beauty. You can tour the meadow or lie under a pine tree and listen to its voice as a gentle wind blows through its branches. The surrounding peaks offer breathtaking views and San Joaquín Valley and the snow capped Sierra Nevada mountain range a hundred miles away. Or you can relax in one of the many mysterious spots and imagine what went through the minds of other visitors who have come before and shared this special space.

Hiking

There aren't many trails in the area, but you are welcome to blaze your own way in any direction that your heart leads.

Accommodations

Joaquín Rocks provides the best and grandest accommodations that you can expect from nature ... nothing but fresh air, wild flowers, clear sky and beautiful panoramic views ... who can ask for anything more?

Kitchen Facility and Meal Preparation

Everybody is on their own during this trip. We recommend you carry lightweight food that is easy to pack in.

The kitchen clean up area will be kept a comfortable distance from the camp.

Ray will bring his big camp stove and portable kitchen to the staging area where we will do a group dinner and breakfast. Each participant will get an assignment before the trip.

Camping Facility

We'll be camping in the very exclusive *El Campe de Joaquín*. Campers will provide their own tent/sleeping arrangement. You may pitch your tent anywhere you wish – *except, of course, where I put my tent.*

Campfire

Assuming there are no restrictions, a campfire will be maintained in the common fire pit. Firewood will be harvested from locally available dead wood. Camper will be assigned wood gathering details. Also be sure that a fire is never left unattended.

The BLM does require us to have a fire permit. Ray will check with the BLM regarding fire restrictions and obtain the proper permits.

Firewood

The BLM states the following requirement regarding firewood:

“Only dead and down vegetation may be utilized for campfires. Cutting or collection of live trees or dead standing trees shall constitute *prima facie* evidence of unauthorized resource collection.”

Food Storage

All food should be stored securely at night or when no one is in camp to keep it safe from wily opportunist like coyotes, raccoons and other *banditos*.

Hygiene Issues

There are no bathing accommodations and water is limited to what we bring in. A community assignment will ask two members to prepare and carry in 2 quarts of latrine hand wash water. Other than that, each member is responsible for any personal hygiene. A space some distance from camp will be designated as a bathing area. Please use biodegradable detergent. A flag will be used to notify others when it is in use – there is no other privacy accommodation.

Toilet Facility

We will use a slit trench dug a comfortable distance from camp. The latrine will be equipped with paper, soap & water for hand washing and a small shovel for covering your mess. Privacy is provided by its remote location and the bushes. Toilet paper will be left in a plastic bag to keep it dry and left next to the latrine for others to use. When in use, the entrance path will be marked by a raised flag. Users are expected to respect the flag or continue at their own risk.

Someone is assigned the duty of digging a slit trench – another is assigned the duty of covering it on our last day. The trench should be at least one foot deep and six to eight feet long.

Use the trench beginning at one end and cover your mess with dirt when finished. Cover it enough so that it won't attract flies, but not so much that it waste trench area.

Generally we don't care where you piss, just so long as it is away from camp *and not on me*.

Sanitation

Just a reminder ... all too often campers get sick from bacterial contamination of food that occurs when flies land on uncovered dung and then visit an outdoor kitchen. It also occurs when people wipe their ass and then neglect to disinfect their hands before handling food. To help prevent problems we should minimally do the following:

- Cover your mess with dirt when finished.
- At least – wash your hands with the chlorinated water after you wipe your ass.
Hopefully, you'll also use some soap as well.

Individual Duties

Everybody is expected to pitch in and help so that this will be a fun and successful adventure. This section discusses and assigns responsibilities for various things that must get done in order for us to enjoy our venture and to leave the place as pristine as when we found it.

Communal Responsibilities

Yeah I know, this sounds a bit *hippie-like* – but there are many things that must be done to make our trip an enjoyable event. To ensure that these essential duties are accomplished each person is assigned specific responsibilities.

Schedule of Camp Duties

Duty	Assigned to					Comments
	1	2	3	4	5	
Move supplies to camp		—	—	—	—	N/A
Supervise camp setup		—	—	—	—	N/A
Dig the latrine trench		—	—	—	—	Dig a dirt pit for disposal of latrine waste/
Choose and prep an EMS Land Zone		—	—	—	—	Also brief other on lighting and signaling
Meal Preparation	Everybody will do their own					
After meal cleanup						
Camp Area Sanitation	Everybody					
Gather firewood	Everybody helps collect firewood					Try to collect everything on day one.
Complete the Emergency Assistance Plan form		—	—	—	—	Fill in the appropriate information and put it with the First Aid kit.
Cover the latrine trench	—	—	—	—		Cover the latrine pit and restore surface.
Break Camp	—	—	—	—	Everybody	This should be very easy if we maintain a clean camp and area daily.
Final cleanup	—	—	—	—		
Pack Camp, garbage and stuff out	—	—	—	—		

Camp Sanitation & Area Clean Up

Camp cleanliness is everybody’s responsibility. We want to leave the area cleaner than when we arrived. While venturing around, let’s also try to pick up litter left by pervious visitors. However, there is one old garbage pit with debris from the 1950s and earlier – leave that pit alone.

Trash will be segregated into the following four categories:

Trash Category	Method of Disposal
1. Non-burnable/non-recyclable	Crushed and stored in garbage bags. Taken with us when we leave.
2. Recyclable	Crushed and stored in garbage bags. Taken with us when we leave.
3. Burnable/non-recyclable	Burn in campfire.
4. Biodegradable food stuff	Burned in campfire, scatter or bury near location.

Medical First Aid

This section discusses issues related to our *Emergency Assistance Plan* and first aid. Cell phone coverage, and Calstar information was confirmed in early 2000.

Emergency Assistance Plan

This section addresses how we should deal with the unlikely event of a medical emergency requiring patient evacuation.

For Non-Life Threatening Emergency

We will prepare and evacuate the patient ourselves when the emergency situation does not threaten the patient's life. Unless otherwise advised before the trip by the person, the patient will be taken to Mee Memorial Hospital in King City.

Hiking time from Joaquín Rocks to Wright Mountain with a patient will be about 3 hours.

Driving distance from Wright Mountain:

- To Coalinga is about 60 miles (3 hours).
- To Hollister is about 80 miles (3½ hours).
- To King City is about 60 miles (3 hours).
- To the nearest landline telephone is about 30 miles (2 hours).

For Life Threatening Emergency

Coordinating evacuation of a patient with a life-threatening emergency may be difficult. EMS evacuations in this area must be coordinated through a 911-telephone call. The 911 operator dispatches a *California Shock/Trauma Air Rescue* (Calstar) helicopter from Gilroy. The helicopter should arrive within one hour after departure from Gilroy.

Our spring 2000 trip evaluated cell phone coverage in the area and that information has been added to our *Emergency Assistance Plan*.

Remember that when using a cell phone to call the 911 operator, the call is answered by the *California Highway Patrol*; they have no way of knowing where you are – so you must be ready to provide details. Also realize that they may not know who the proper contact facility is for our region – so it is important that you familiarize yourself with our *Emergency Assistance Plan*. See the attached form *Emergency Assistance Plan for Joaquín Rocks*.

Failing availability of cell or radio contact, somebody must leave the area for the nearest landline telephone. The nearest telephones are at the homes located near the San Benito River crossing. During this trip out, the person should be on the lookout for BLM or ranger personnel who can use their radio to contact EMS. If leaving the area for help is our only option; then, serious consideration must be given to stabilizing and evacuating the patient since this option means that EMS assistance is probably six to seven hours away.

We also need to determine the location of the best 100'x100' EMS landing zone and brief all the trip participant on our *Emergency Assistance Plan*. Each participant should also review the *Establishing a Helicopter Landing Zone* procedure.

While waiting for the evacuation helicopter, the patient should be prepared and moved (*as is safely possible without adding injury*) to near the helicopter landing area – but far enough away so that the patient is protected from the rotor wash.

First Aid

We will bring our group first aid kit, which consists of each member carrying their assigned portions. While the kit fails to cover every possible mishap, it does contain a reasonable supply to cover basic first aid needs. Of course everyone is welcome to bring additional first aid supplies.

This is a good spot to remind everybody to keep their first aid and CPR skills current.

Any person with special needs is expected to provide their own supplies and medications. Also please make a written list of your health and medical issues, including medications so that in the case of an accident this information can be given to EMS. Your medical issues list should be kept in pack where we can find it..

Rule Violation

Assuming that your violation fails to catch the attention of the local law ... you will otherwise be subject to whatever punishment we feel we can safely get away with. Such penalties could range from totally ignoring you (because you're too well armed to punish) to throwing you off the 200-foot cliff (because you're not armed and nobody knows you're here). ... so hopefully, you'll simply help us all have a great time by pitching in and doing your part.

By the way, please let us know if you are still a virgin ... maybe we can do one of those sacrificial things instead of punishing anybody ...

Getting to Joaquín Rocks

Joaquín Rocks is located near the east end of the BLM’s Clear Creek Management Area. You reach Joaquín Rocks by traveling highway 25 between Hollister and Bitterwater. About 19 miles south of Pinnacles National Monument (or where highway 25 leaves the north edge of Bitterwater valley) we catch Coalinga road (this use to be called Hernandez road). We travel Coalinga road for about 16 miles until we come to the Clear Creek Management Area. Ford across the San Benito River here and begin your journey down a long and slow dirt road (its 22 miles to Wright Mountain).

Note: Before crossing the San Benito River we customarily stop at the monument to Raymond Eade. Raymond died in Viet Nam trying to be an honorable person. Raymond is a personal and respected acquaintance to most of us. Please understand that we never pass this monument without stopping to pay our respect.

Once you begin your journey down the dirt road, drive to the summit going toward Idria. When you reach the summit, be careful to take the road to the left through the open gate (the gate will be closed if the road is impassable). Don’t go straight along the ridge! Follow the road through the gate and down the hill to where it splits between Idria (to the left) and San Benito Mountain (to the right).

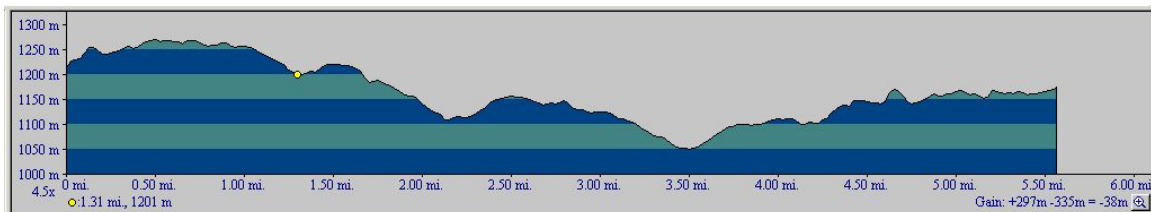
Note: It is okay to go straight along the ridge (but the pervious was clearer to explain). If you do go straight along the ridge (either because you know what you are doing or the gate is closed) then attempt to follow the road that leads to the left and proceed down the hill. At the bottom of the hill, turn right (and continue with the instructions).

Take the road toward San Benito Mountain. We will travel this road past San Benito Mountain, past Santa Rita Peak, past Spanish Lake and continue until we reach the gate at Wright Mountain. Park your vehicle off the road in the saddle below the gate.



Wright Mountain to Joaquín Rocks

From here we hike ... we hike about 5½ miles to Joaquín Rocks. The BLM says that it is about 4 miles – but that’s *as the Crow flies* – your actual walking distance is 5½ miles (yes, I did measured it). This is about a 2-3 hour hike (depending on your pace) up and down several hills (the biggest is about 700 feet over the space of a mile).



Wright Mountain to Joaquín Rocks Elevation Profile

Joaquín Rocks Trip Plan

Be careful not to pass the Joaquín Rocks trail – it's about a ½ mile walk past the first 300-foot cliff.

The Joaquín Rocks trail goes north up the hill. It's a ½ mile along this narrow footpath to the rocks. You finally get to see the Joaquín Rocks for the very first time just as you get to the top of the hill ... suddenly all three rocks come into full view ... and for the first time since we left paved road we find ourselves in the pleasant surroundings of Joaquín Flat.

Provisioning

This section delineates provisioning for the trip and provides some specific guideline.

Personal Stuff

You may bring whatever you wish, so long as you can carry it. Remember, it's a twelve mile hike round trip.

The following list is designed to help you organize for the trip. Since our venture will likely bring you into rugged rocky areas covered with thick Chamise, Mexican Manzanita and poison oak we recommend you have boots, long pants and long sleeve shirts. Snakes shouldn't be an issue yet; but you never know. We also recommend you treat your day clothing with *permethrin* to help prevent tick problems.

- Tent
- Sleeping bag
- Personal toiletries
- Biodegradable soap
- Hat
- Medication
- Boots
- Camp shoes
- Evening camp wear
- Solar shower
- Extra socks
- Health/Med list
- Towel
- Extra underwear
- Flash light & extra batteries
- Jacket
- Canteen

Water

There is no reliable water source at Joaquín Rocks. There may be water in nearby springs. There may also be water trapped in the many holes found on the rocks. However, we will not use the trapped water since these ponds provides habitat for unusual invertebrates. Therefore, we will bring our own water for cooking, drinking, sanitation and hygiene.

The individual needs for drinking and cooking are estimated as 2 gallon per day and the need for hygiene is estimated as 1 gallon per day. Based on this estimate and given our four full-day/two half-day plan, the calculated water needs are 15 gallons per person, Therefore, each person should bring 6 – 2½-gallon plastic jugs of water. At camp, they should hold two of these jugs privately for personal hygiene.

Personal Beverages

Each person brings their own personal beverages. However, for logistical reason we should try to consolidate all of the beverages into as few cooler boxes as possible (hopefully one). Where practical, please avoid glass containers because they do not crush well when disposed without causing other problems.

Ice Chest and Cooler Boxes

You must be joking ... this is twelve mile backpacking trip.

To save space we want to consolidate everything that needs to be on ice into as few boxes as possible. However, be cautious not to overload these boxes because we need to hand carry these boxes about ½ mile from the vehicle to the campsite.

When packing the cooler boxes try to segregate items so that the ice and water remains clean so that it can also be used for drinking and beverages.

One box will contain dry ice for storing day-three through day-five foods; no water ice is allowed in this box.

Menus

We'll need to divide up our own menu assignments (as soon as we agree an menus).

	Breakfast	Lunch	Dinner
Day 1		Sandwich Buffet Fruit Cookies Beverage	Tacos Fruit Cold Dessert
Day 2	Eggs Benedict with country fries and pancakes	Sandwich Buffet Soup: Vegetable-beef Fruit Cookies Beverage	<i>Barbecued Chicken Teriyaki</i> Fresh baked bread Cooked vegetable Caesar Salad Baked Dessert
Day 3	Eggs, bacon, sausage, hash browns and pancakes	Sandwich Buffet Soup: Cream of Broccoli Fruit Cookies Beverage	<i>Pork Kabobs with a soy-ginger marinate</i> Baked potato Green salad Minestrone soup Fresh baked French bread Baked Dessert
Day 4	Eggs with biscuits and sausage gravy	Sandwich Buffet Soup: Potato Fruit Cookies Beverage	<i>Yokuts style pit roasted Tri-tip in a Tequila Marinade</i> Salad Sweet potato Chile beans Acorn Bread Baked Dessert
Day 5	<i>Omelets ala leftovers</i> with hash browns	Sandwich Buffet with leftovers	

All meals are a group effort with each person contributing to part of the food supply. Participants will also assist with preparation and cleanup as shown below:

Day	Breakfast	Lunch	Dinner
1 Meal Prep: Clean up:		Chris & Tara Bill & Susan	Roger & James Dennis & Sherry
2 Meal Prep: Clean up:	Ray & Tara Richard	Roger Sherry	Richard & Tara Chris
3 Meal Prep: Clean up:			
4 Meal Prep: Clean up:			

Joaquín Rocks Trip Plan

Day	Breakfast	Lunch	Dinner
5	Meal Prep: Clean up:		

Meal Planner

Date	Breakfast	Lunch	Dinner
Day 1	—	Sandwiches	Tacos Fruit Cold Dessert
What to bring		We'll buy or pre-make our lunch for this day. Powder mixed beverage	20 Corn tortilla 2 lb Ground or shredded beef 2 Taco seasoning package 1 head Lettuce 4 Tomatoes 2 Avocado 1 can Olives 16 oz. Cheese Sour cream Olive oil Taco sauce Fruit Pudding dessert
Day 2	Eggs Benedict with country fries and pancakes	Sandwich Buffet Soup: Vegetable-beef Fruit Cookies Beverage	Barbecued Chicken Teriyaki French bread Cooked vegetable Caesar Salad Dessert
What to bring	14 eggs 2 sticks butter 8 English muffins 4 potatoes 8 pc Canadian Ham pancake mix (12) coffee juice syrup	Sandwich buffet 3 cans Vegetable-beef Soup Powder mixed beverage Coffee	Chicken, thighs & legs Teriyaki sauce French Bread Corn, 3 cans Charcoal Roman lettuce Parmesan cheese Caesar salad dressing Salad bread cubes Beverage & Coffee Baked dessert

Joaquín Rocks Trip Plan

Date	Breakfast	Lunch	Dinner
Day 3	Eggs, bacon, sausage, hash browns and pancakes	Sandwich Buffet Soup: Cream of Broccoli Fruit Cookies Beverage (also place potatoes near fire so they will be cooked by dinner. Also begin soaking beans for tomorrows dinner.)	Pork Kabobs with a soy-ginger marinate Baked potato Green salad Minestrone Soup French bread Dessert
What to bring	9 eggs bacon sausage 4 potatoes pancake mix coffee juice syrup	Sandwich buffet 3 cans Cream of Broccoli Soup Powder mixed beverage Coffee	Pork steaks Garlic Small onions 2 Bell pepper Zucchini 1 can sliced pineapple Wood skewers French garlic bread 1 stick butter 4 Fire baked potatoes Sour cream Charcoal Green Salad mix Ranch dressing 3 cans minestrone soup Beverage & Coffee Baked dessert
Day 4	Eggs with biscuits and sausage gravy	Sandwich Buffet Soup: Potato Fruit Cookies Beverage	Yokuts style pit roasted Tri-tip in a Tequila Marinade Tossed green salad Chile beans Acorn Bread Dessert
What to bring	8 eggs 6 biscuit rolls 4 strips bacon ¼ lb sausage coffee juice	Sandwich buffet 3 cans Potato Soup Powder mixed beverage Coffee	2-3 lb tri-tip roast Green salad mix 4 sweet potatoes 3 cans chili beans Acorn bread mix 1 stick Butter Beverage & Coffee Leftover salad dressing Baked dessert Also need a wrap for the meat
Day 7	Omelets <i>ala leftovers</i> with hash browns	Sandwich Buffet with leftovers	—

Date	Breakfast	Lunch	Dinner
What to bring	12 eggs coffee juice		

Recipes

Acorn Bread Mix

- 2 cups acorn or hazelnut flour
- 2 cups wheat flour
- 4 Tbs baking powder
- 1 tsp salt
- 6 Tbs sugar
- 2 eggs, beaten
- 2 cups milk
- 6 Tbs oil

Mix all the dry ingredients together before the trip.

Tequila Marinade

- ½ cup fresh lime juice
- ½ cup olive oil
- a cup soy sauce
- ¼ cup tequila
- 7 cloves garlic, finely chopped
- 2 teaspoons grated lime peel
- 2 teaspoons ground cumin
- 2 teaspoons dried oregano
- 1 teaspoon black pepper

Soy-Ginger Marinade

- ½ cup soy sauce
- ½ cup orange juice
- 2 Tbs rice vinegar
- 2 Tbs peanut oil
- 1 Tbs dark sesame oil
- 2 Tbs fresh ginger, minced
- ¼ tsp hot chili, minced

Combine all the marinade ingredients & whisk to emulsify.

Teriyaki Sauce

- ½ cup soy sauce
- ½ cup sake
- ½ cup sugar

- touch of fresh ground ginger

Snacks

Snacks are strictly *pot-luck* ... bring your own to share with the group. Be creative!

Community Food Lists

Item	Quantity	Comments	Who will bring it
Avocado	2		
Bacon	16 strip		
Baking powder	4 Tbs	For acorn bread	
Beef, ground	2 lb	shredded beef okay	
Beef, tri-tip roast	2-3 lb	In two pieces	
Beverage mix powder		9 meals – 4 people	
Bread cubes, Salad			
Bread, biscuits	4 cans	For biscuits & gravy	
Bread, French	4 cans	2 meals – 4 people	
Bread, sandwich	50 slc.	Get a variety	
Butter	7 sticks		
Canadian bacon	8 pc		
Cayenne	2 tbs		
Charcoal	3 bags		
Cheese, Parmesan	8 oz.	For salad	
Cheese, taco	16 oz.		
Chicken, thighs & legs	6 halves		
Chili beans	3 cans		
Coffee		13 meals – 2 cups each	
Cookies		5 meals – four people	
Corn, canned	3 cans		
Cream of Broccoli Soup	3 cans		
Cumin	2 tsp		
Dessert, Baked	3 pks	Each different	
Dessert, Pudding	6		
Dressing, Caesar salad	1 jar		
Dressing, Ranch	1 jar		
Eggs	45		

Joaquín Rocks Trip Plan

Item	Quantity	Comments	Who will bring it
Flour, acorn or hazelnut	2 cups		
Flour, wheat	2 cups	For acorn bread	
Flour, white	2 cups	For gravy	
Fruit,	8		
Fruit, Apples	8		
Fruit, Orange	10	4 oranges for tequila marinade	
Garlic, fresh	25 clv		
Ginger, fresh	1 pc		
Juice	16 cans	Variety for each breakfast	
Lemon	8		
Lettuce	3 head		
Lettuce, Roman	4 head		
Lime	8		
Milk	2 cups		
Minestrone soup	3 cans		
Muffins, English	12		
Olive oil	2 qt		
Olives	1 can		
Onions, fresh	9		
Onions, Small	16		
Oregano, dried			
Pancake mix		2 breakfast – four people	
Pepper, Bell	2	1 red, 1 yellow	
Pepper, black			
Pineapple, sliced	1 can		
Pork, Steaks	2 lb	For kabobs	
Potato Soup	3 cans		
Potatoes	12	For hash browns and baking	
Potatoes, sweet	4		
Sake	1 pt		

Joaquín Rocks Trip Plan

Item	Quantity	Comments	Who will bring it
Salad mix, Green	2	2 meals – four people	
Salt			
Sandwich spread		Several kind – five lunches	
Sandwich, cheese	60 slc	Get a variety	
Sandwich, meat	75 slc	Get a variety	
Sausage	8 pats		
Sausage, ground	½ lb		
Sesame oil	1 cup		
Skewers, Wood	20		
Sour cream	16 oz.		
Soy sauce	1 cups		
Sugar	1 cup		
Syrup	16 oz.		
Taco sauce		Get some from Taco Bell	
Taco seasoning package	2		
Tequila	1 pt		
Tomatoes	15		
Tortilla, corn	24		
Vegetable-beef Soup	3 cans		
Vinegar, rice	1 cup		
Water		Each person brings 6 – 2½-gallon water jugs.	
Zucchini	3		

Community Utility Needs (excluding food and cooking)

Item	Comments	Who will bring it
Batteries	Extra batteries for electronic accessories	Each person bring their own
Chairs, camp		
Chem-lights		
Chlorine bleach (1 quart)	For mixing with water for disinfecting: 1) hands after using latrine 2) dishes after cleaning.	
First aid kit		
Flag, small – 2 each	For privacy markers	Improvise on site
Flare, Ariel signal	For assisting EMS in locating us at night	
Flare, highway signal	Signaling	
Flare, smoke	For assisting EMS in locating us.	
Garbage bags, large	Large – heavy duty (15)	
Lantern and energy		
Lime powder – 2 or 3 pounds	For covering dung in latrine	
Mallet/hammer		
Matches, strike anywhere		
Pick mattock	Used for general utilities	
Radio, Handheld – FRS / GMRS	General comms around area	
Rake, garden	Used for general camp utility	
Rope	General utility	
Shovel	Used for general camp utility	
Shovel for latrine	For covering your mess	
String, nylon (250 yards)		
Table, roll up		
Toilet paper	one roll for each day (5)	

Community Cooking Utensils

Item	Comments	Who will bring it
Coffee pot (French press)		
Cooking tools		
Cooler box and dry ice	For frozen food	
Cutting board		
Grill, barbecue		
Grill, flat stove top		
Kitchen knives		
Oven, small camp		
Pans, cooking		
Paper towels	2 rolls for each person (4)	
Plastic dish washing basin	For kitchen	
Plates, eating utensils and cup		
Soap and sponge	Dish soap	
Stove, Large burner		
Stove – gas, propane for stove		
Stove, small and gas		
Tin foil		
wrap for the meat		